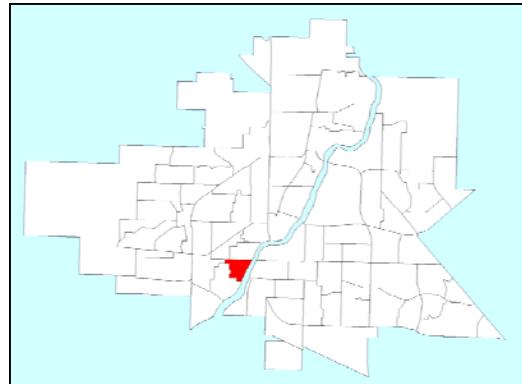




Holiday Park



The **Smart Cities, Healthy Kids** research project looks for solutions to childhood obesity by investigating how neighbourhood design affects children's ability to be physically active. Research suggests that safety from traffic and crime, the presence of destinations and built features supporting an active lifestyle (eg. parks, playgrounds, and bike lanes), a neighbourhood's attractiveness, and its accessibility are all very important in determining whether people will be active there. To determine which Saskatoon neighbourhood designs are the most supportive of active living, researchers walked each neighbourhood in Saskatoon in the summer months of 2009/2010, collecting data on these areas using two research surveys: the Neighbourhood Active Living Potential (NALP) and the Irvine-Minnesota Inventory (IMI).



Holiday Park in Saskatoon



NALP Route Map



IMI Segments Map

NALP consists of 22 items within four areas: Activity Friendliness, Safety, Density of Destinations, and Universal Accessibility. Using this method, observers rated each item on a 6-point scale after walking a pre-defined route in each neighbourhood that connected 10 randomly-selected street segments. The route, typically 4 to 5 kilometres in length, is shown in red on the map.

IMI consists of a 229-item inventory of neighbourhood features within five areas: Attractiveness, Diversity of Destinations, Pedestrian Access, Safety from Traffic, and Safety from Crime. Twenty percent of street segments in each neighbourhood were randomly selected and observed. Each segment is the two facing sides of a street block and is indicated by a numbered flag on the map.

The NALP tool is more subjective in nature and takes into account the impression of the entire neighbourhood based on the systematic observations of the researchers. In contrast, the IMI is more objective in nature and is based on observations of each individual segment. The following report will discuss how the characteristics of Holiday Park compare to Saskatoon neighbourhoods in general.

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Holiday Park Overview

Holiday Park is bordered by 11th Street, Spadina Crescent, Avenue P, and Avenue R.

Holiday Park was designed under the First Zoning Bylaw, which was in effect from 1930—1966. This Bylaw marked the beginning of a formal land use classification system that separated land use types into more defined categories for the purposes of controlling land uses and protecting property values. This Bylaw also marked the beginning of a street classification system that separated volumes of traffic into classes (local, collector, and arterial). Neighbourhoods developed under the First Zoning Bylaw often included early forms of curvilinear streets, where grid patterns give way to crescents linked by a collector street. Holiday Park, however, is composed entirely of grid patterned streets.



Holiday Park street view



No marked pedestrian crossing in front of Saskatoon French School

measured both in terms of traffic and crime. These ratings suggest whether safety concerns affect an individual's related active living decisions in their neighbourhood.

- Out of a possible highest rating of 10, Holiday Park rated **6.08** for Safety from Traffic, above Saskatoon's average rating of **6.06**. (IMI)
- Out of a possible highest rating of 10, Holiday Park rated **9.03** for Safety from Crime, above Saskatoon's average rating of **8.46**. (IMI)
- Out of a possible highest rating of 6, Holiday Park rated **3.63** for Safety, below Saskatoon's average rating of **3.81**. (NALP)

Holiday Park's high safety ratings suggest that pedestrian and vehicular travel areas are well defined and easy to safely navigate and that there are few elements that reduce feelings of personal security. For example, although several observed intersections were uncontrolled and few were marked for pedestrian crossing, traffic levels were quite low, so observers felt most streets were safe to cross. However, some key areas were missing crosswalks, such as nearby schools. In terms of safety from crime, well maintained homes, plenty of opportunities for casual surveillance of the street by home owners, and no observed graffiti all contributed to the perception of personal security.

Safety

We rated each neighbourhood according to the presence or absence of certain neighbourhood elements that increase or detract from a feeling of personal security. Observing both the physical and social characteristics of the neighbourhood, security was



Hell's Angels Clubhouse

Destinations

We rated each neighbourhood according to the number, diversity, and density of its destinations. These ratings suggest whether destinations in a neighbourhood can motivate deliberate, localized active living choices by providing a place to go and a means to interact with others.

- Out of a possible highest rating of 10, Holiday Park rated **4.00** for Diversity of Destinations, below Saskatoon's average rating of **6.26**. (IMI)
- Out of a possible highest rating of 6, Holiday Park rated **3.94** for Density of Destinations, above Saskatoon's average rating of **3.92**. (NALP)



Playground



Light industrial uses

Holiday Park's destination ratings suggest that there are some destinations of a limited variety. For example, observed destinations in Holiday Park include two schools, churches, a neighbourhood park with playing fields and a playground, some light industrial uses, nearby sports facilities, and a campground.

Activity Friendliness

We rated the activity friendliness of each neighbourhood based on specific features that encourage or present barriers to an active lifestyle. These ratings suggest whether a neighbourhood assists or limits the opportunities for physical activities such as walking, cycling, or skateboarding.

- Out of a possible highest rating of 10, Holiday Park rated **5.08** for Pedestrian Access, in line with Saskatoon's average rating of **5.08**. (IMI)
- Out of a possible highest rating of 6, Holiday Park rated **4.33** for Activity Friendliness, above Saskatoon's average rating of **3.67**. (NALP)



Wide streets support cyclists



A pedestrian and bike path

These activity friendliness ratings suggest that Holiday Park has both supports and obstructions for pedestrians. For example, most streets have a least one sidewalk, and when present, sidewalks are in fairly good condition. Wide streets provide adequate room for cyclists, but bike parking was absent from most destinations. The grid street pattern is easy to navigate and provides a wide range of route choices for pedestrians and cyclists.

Attractiveness

We rated each neighbourhood based on specific features that could potentially increase or decrease the attractiveness of the neighbourhood. This rating suggests whether the level of attractiveness for each neighbourhood itself can encourage or discourage individuals to participate in an active lifestyle.



Holiday Park



Bus shelter

- Out of a possible highest rating of 10, Holiday Park rated **5.00** for Attractiveness, below Saskatoon's average rating of **4.80**. (IMI)

Holiday Park's attractiveness rating suggests that both attractive and unattractive features are present in the neighbourhood. For example, large street trees present on several streets provide shade for pedestrians on the sidewalk. Sidewalk amenities, such as benches, well-kept garbage cans, and bus shelters are present in a couple areas throughout the neighbourhood. Further, mostly well maintained homes, architectural variety, and pleasant landscaping considerably increase the attractiveness of the neighbourhood.

Universal Access

We were able to rate the universal accessibility of each neighbourhood according to the presence or absence of specific features that help or prevent safe movement for those with mobility, visual, or hearing impairments. These ratings suggest whether people with reduced mobility are able to travel in the neighbourhood safely without assistance.



Curb cuts provide access for people with reduced mobility

- Out of a possible highest rating of 6, Holiday Park rated **1.33** for Universal Accessibility, below Saskatoon's average rating of **2.19**. (NALP)

This universal accessibility rating indicates that Holiday Park has few elements that enable safe movement for those with reduced mobility. For example, few sidewalks in Holiday Park are mountable, though there are curb cuts present at some observed intersections. However, none of the observed pedestrian crossings are adapted for individuals with visual or hearing impairments.

The principal investigator for this project is Nazeem Muhajarine, PhD. For a complete list of contributing researchers, partner organizations, project staff, and more information, please visit our website: www.smartcitieshealthykids.com

If you have any further questions about the project, please contact our research co-ordinator tracy.ridalls@usask.ca or call 966-2237.



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